



Teens™

CLINICALLY EXCELLENT EATING DISORDER TREATMENT FOR TEENS

Selah House offers unique Christ-centered eating disorder programs for adults and adolescents that accept each client with care and compassion.

Our Teens program is designed to help your teen build a solid foundation for sustained recovery. Treatment includes:



Equine therapy (Equine Assisted Growth and Learning Association model), utilizing ground activities based on building connection and relationships



Continued education offered on-site, year-round, and overseen by our full-time teacher who coordinates with local school districts to ensure each teen's education stays on track



Expressive therapy and creative groups held in our robust art room, which is also available for free time



Cooking groups held once a week through our nutrition program



As part of our Care Through Culinary™ program, meals are served family-style as clients eat together with our staff. A dietitian works with each client to create balanced and nutritious menus that can offer vegetarian options. Additionally, our dietitians join during family visits to help create a successful plan for reintegration with each teen's family when they return home.

Every teen receives 24/7 care from our exceptional staff, including:

- Primary therapist
- Family therapist
- Registered dietitian
- Psychiatrist
- Chaplain for spiritual programming

During family days, loved ones can participate with their child in equine therapy, a dietitian/family therapist-facilitated meal or snack, and a weekly therapy session.



Selah Teens is an LGBTQ+ inclusive and affirming environment.

Admissions: 561.861.3052 | selahteens.com

ADMISSIONS AND INSURANCE

Selah House works with all commercial insurance companies and is in-network with Humana, Anthem BlueCross BlueShield, and others. Prior to admission, we ensure that each client has a financial plan that works for them, so there aren't any surprises. Our Financial Team takes the time to help each client understand their benefits and cost of care. This is vital so our clients don't feel burdened while they're focusing on treatment.

Call our Admissions Team at
561.861.3052 to get started today.



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1106 Meridian Street, Suite 300
Anderson, IN 46016

selahteens.com



Selah House is a proud part of the
Odyssey Eating Disorder Network



Accredited at the highest level through
CARF International, an independent
accreditor of health and human services.



A licensed Private Mental Health Institution by the Division of
Mental Health and Addiction.

Selah House is the only licensed inpatient, residential, and PHP
treatment center for eating disorders in the state of Indiana.